

What Else Can I do?

Stopping Junk Mail

All of our waste will need disposing of. The best way to deal with our waste is to reduce the amount we produce in the first place. Visit www.recycleforgreatermanchester.com to find out more.



Most junk mail delivered by the postman can be redirected by the Mail Preference Service.

An easy way for you to reduce your waste is to stop junk mail coming through your letter box. You can stop unwanted mail from companies which may be directly sending you junk mail. To register, contact the Mail Preference Service on **0845 7034599** or visit www.mpsonline.org.uk

Stopping Junk Mail



Other Services

Other services exist to help you reduce the amount of unwanted mail you receive:

Free Newspapers

If you want to stop your free newspapers you can contact the MEN Group on **0161 832 7200**.

Royal Mail

Royal Mail also provides an opt-out service of door to door deliveries. To register, email the Royal Mail at **optout@royalmail.com**
Royal Mail will stop delivering unaddressed items to your address within six weeks.

Lastly

Write "return to sender" to unaddressed or wrongly addressed junk mail and post it back free of charge.



For more information on how to reduce your waste, please visit www.recycleforgreatermanchester.com or contact :
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