

MONDAY

Time for you
9.00am-12.00noon

Have some time for you, using this FREE crèche.

* You need to attend regularly at the centre to book onto this crèche

Valentine's Special (13th Feb)
1.00pm-3.00pm

Special valentines craft session, make something to give to the one you love on Valentine's Day

Parenting Course (Survival Skills For Families)

12 week course with Crèche
1.00pm-3.00pm

Please contact the Parent Support Team if you are interested in this course

* NO SESSION 13th FEB

Ready Steady Go
Starting on 27th Feb
1.30-2.45pm

A structured session to help get children ready and prepared for their nursery experiences.

Invitation or drop in.
Ask Adele for more details.

Holy Family Stay and Play
(Term Time Only)
1.45pm-3.00pm

At Holy Family Primary
* NO SESSION 13th FEB

Baby Massage
3.30pm-5.00pm

Learn with other parents how to massage your baby, ideal for babies under the age of 9 months

* NO SESSION 13th FEB

TUESDAY

Parenting Pathway
9.30am-11.30am

A variety of sessions for parents to help at various stages of your child's development

*These are invitation only and include a free crèche. Booking and settling in sessions essential

* NO SESSION 14th FEB

Baby Clinic
At Kirkholt Medical Practice
1.00pm-3.00pm

Come and get your baby weighed at this clinic. Health visitors also available to discuss any concerns

Baby Play
At Kirkholt Medical Practice
1.00pm-3.00pm

A session for new carers and their babies. Pop in for a chill and chat

SMURFS Under 5's
(Term Time Only)
1.30pm-3.00pm

At St Mary's Church (75p)
* NO SESSION 14th FEB

Mini Messy Play
1.30pm-3.00pm

A messy play session for beginners!!
Old Clothes Essential!

WEDNESDAY

Job Centre Plus
9.00am-4.00pm

Appointments Only, Contact Job Centre Plus to arrange

Stay and Play
9.00am-10.30am

Focussed Indoor and Outdoor play in the early years room

Toy Library
9.00am-10.30am

Come and borrow a toy with Kylie (FREE)

Winter Warmers
10.30am-12.00pm

Come and cook a lovely warm dinner, including a winter walk

Teenage Antenatal Clinic
Alternate Wednesday's
11.00am-12.00noon
Appointments Only

Stay and Play
1.00pm-3.00pm

Focussed Indoor and Outdoor play in the early years room

Baby Massage
1.30pm-3.00pm

Learn with other parents how to massage your baby, ideal for babies under the age of 9 months

THURSDAY

Registered Childminders
9.00am-11.00am

A group for childminders and their minded children

Antenatal Clinic
Thursdays: 9.00am-12.00noon
Appointments only

An introduction to Sandbrook Children's Centre
9.30am-11.30pm

Would you like to know more about your children's centre? Pop in any time and ask for Adele

Fun in the Forest
10.00am-12.00noon
Explore in the forest, then warm up with soup and bread.

Under 2's Play
1.15pm-3.00pm
A quieter play session for younger children

Antenatal Drop in Clinic
Thursdays: 1.00pm-2.00pm
No need to book, just drop in!

First Antenatal Booking Clinic
Thursdays: 1.00pm-2.00pm
Appointments only

Postnatal Appointments
Thursdays: 1.00pm-3.00pm
Appointments only

Story Time
(Term Time Only)
2.00pm-3.00pm
At Balderstone Library

Cook and Taste
3.30pm onwards
Come along and make your own snack tea, such as crazy face pizza's

* NO SESSION 16th FEB

FRIDAY

Pregnancy Testing and Early Referral Clinic

Fridays: 9.00am-10.00am
Come to this clinic to be seen for the first time by a midwife for your pregnancy test and get a quick referral for antenatal care

Citizens Advice Bureau
Every Friday
9.30am-12.30pm
* Please book at reception

Happy Talk
Starting on 24th Feb
9.30-11.00am

A communication and language session for over 2's and their carers. Invitation or drop in. Ask Adele for more details.

Magic Moments
1.30pm-2.30pm
Sensory experience for babies 4-10 months old

Messy Messy Play
1.30pm-3.00pm
Let your child explore, learn and play with messy play
Old Clothes Essential!

Turbo Tots
3.30pm-4.45pm
A physical play session in the school hall
* NO SESSION 17th FEB

February
2012

Supporting Families

Young Parents

Alison Horton (Young Parent Worker) is available to offer support and advice to parents under the age of 21.

Parents

Nicola Carroll (Integrated Children's Centre Manager) is available to offer support and advice for the family.

* If you wish to discuss anything with any of the above workers please contact them at the centre on the number below

Half Term

(Monday 13th February- Friday 17th February)

Valentine Special (13th Feb)
1.00pm-3.00pm

Make something special for the one you love

Winter Warmers Special (15th Feb)
from 10.30am

Come along and toss a pancake

Older Siblings Welcome

Sure Start Information and Fun Day

Thursday 9th February (9am- 12pm)

at The Children's Society, 94-96 Hill Top Drive

Come along and enjoy free coffee, tea, toast or crumpets and get information about Homestart, benefit advice, health and much more. Activities for the under 5's will be on offer.

Join us online:

[www.rochdale.gov.uk/
childrenscentres](http://www.rochdale.gov.uk/childrenscentres)



Find us as: Sure Start
Children's Centres in
Rochdale borough

twitter

RochdaleParents

Contact Us:

**Sandbrook Children's
Centre**
Hartley Lane
Rochdale
OL11 2LR

Tel. 01706 653677

Sure Start Children's Centres Rochdale offer access to a range of support and services for families with children aged under 5 to give children the best start in life and help them to reach their potential. Services include early learning and childcare, parenting advice and health services and help for parents to find work or training.

Sandbrook

A Sure Start Children's Centre



Timetable February 2012