

## MONDAY

### Baby Play

9.00am - 12.00noon

Play session for babies up to 18 months

### Play & Learn Workshop With Natalie—Must Book

9.15 - 10.30pm

13th & 20th Feb

### Creative Kids

9.30 - 11.30am

At Heady Hill Community Centre

### Totstars

10.45 - 11.45am

Fun singing and rhymes session

### Smoking Cessation Help and Advice

6th and 13th 10.30 - 11.30am

Call 624916 for more details

### Artful Splodgers

3.15 - 4.45pm

Messy and Creative Play  
Siblings up 8 welcome

### 13 Feb 1.00 - 3.00pm

Come and Meet The Oral

Health Team, Special Event for  
1/2 term, for U 5s and siblings  
up to 8 Must book

### Parent Support 3.15 - 4.15pm

Need help and advice with Potty  
Training, Weaning, Dumping the  
Dummy, Speech and Language  
Development Drop in and see Liz

### Men Behaving Dadly

5.00 - 7.00pm

For U5s with their Dads.  
Granddads and Male Carers  
6th Feb, 5th March  
Tea Provided

## TUESDAY

### Ante-Natal Clinic

Appointment only

Call 01706 624916

### Childminders Drop In

9.30 - 11.30am

Term time only (not 14th)

### Fitness Fun

10.00 - 11.00am

Adventure Fun Session in the  
School Hall for children 2 +

### Baby Clinic

10.00am - 12.00noon

Come and have baby weighed  
by a Health Visitor and meet  
Michelle who will tell you all  
about what's on for you and  
your children

### Smoking Cessation Help and Advice

14th and 21st 10.30 — 11.30am

Call 624916 for more details

### Turbo Tots

9.00—12.00pm

Fun soft Play session  
Heywood Sports Village

### Chill, Chat and Play

1.00 - 3.00pm

Stay and Play Session for  
Young Parents (U25s) -

### Sow, Grow and Play

3.15 - 4.45pm

Gardening for U5s  
Older siblings up to 8 welcome.

### Breast Feeding Social

Every Tuesday 'Drop In' @

Derby Street - 9.30am -  
12.30pm

01706 369889 for more details

## WEDNESDAY

### Ante-Natal Clinic

Appointment Only

Call 01706 624916

### Bonding with Baby 1st Feb 11.30am to 12.30pm

Session for Mums to be, and  
their supporters to help  
prepare them to meet their  
baby

### Happy Talk 1.00 - 3.00pm

Please call 624916 for more  
details (not 15th)

### Play Away at St Josephs Primary School

Pop in and Play

Every Wed during term time  
1.30 - 3.00pm (Not 15th)

### Funky Food

3.15 - 4.30pm

Fun session with tasty healthy  
snack ideas  
Siblings up to 8 yrs welcome

### Time 4 U Crèche

9.15am - 12.15pm

Need some time for yourself—  
call 624916 for details of our 3  
hour crèche

### Half Term Special

### Valentines Ball

Wed 15th 1.30 - 3.00pm

### Fun Event in School Hall

U 5s and siblings up to 8  
welcome

## THURSDAY

### Play Away at St Josephs

### Primary School

Pop in and Play

Every Thurs during term time

8.45 - 11.30am (not on  
16th)

### Stay and Play

9.00 - 11.30am

Join us for fun indoor and  
outdoor play

### Once Upon a Time

New Interactive Story time  
session

10.00 - 11.00am

At Darnhill Library

### Splash and Play

11.00am - 12.00pm

23rd February

Join us in the new pool for our  
monthly fun splash  
Session. Cost 3.30 each adult  
Call 624916 to book

### Pop in and Play

3.15 - 4.30pm

Variety of fun & play indoor &  
outdoor activities. Siblings up  
to 8 welcome

16th Feb 1—4

### Parent Support 3.15— 4.15

Need help and advice with  
Potty Training, Weaning,  
Dumping the Dummy, Speech  
and Language Development  
Call 624916 to make an  
appointment with Liz

## FRIDAY

### Tiny Totstars **NEW**

10.15 - 11.15am

Music and Movement  
Babies 6—18 months

### Sensory Play

11.30 - 12.30pm

Lovely relaxing session for  
babies up to 6 mths

### All Day Friday Friendly

9.00am - 3.00pm

We are pleased to say that our  
Early Years Room is available  
for Fun Indoor & Outdoor play.  
Bring a healthy lunch and stay  
all day!

### Get Busy with Lizzy

1.30 - 4.00pm

Fun activities including, pebble  
painting, leaf collages, cress  
caterpillars and much more at  
Darnhill Library  
Not on 17th

### Baby Massage or Sing & Sign

We continually hold these  
sessions call 01706 624916 to  
book on the next available  
course

**New Year Resolution to give up Smoking? Need any help?**  
**Monday 6th and 13th, Tuesday 14th and 28th Feb**  
Come and meet Claire the health trainer for one to one help and advice

**Half Term Specials**  
**Sparkling Smile Event Mon 13th 1-4**

Come and meet the Oral Health Team  
And learn through fun games and activities how to keep a sparkling smile (must book)

**Baby Love**  
**Tuesday 14th 9.30 - 11.30am**  
For babies up to 18 months

**Valentine Ball**  
**Wednesday 15th 1.30– 3.00pm**  
Fun Event in School Hall. Under 5s and siblings up to 8 welcome

**Aqua-Natal Class**  
Monday 7.00 - 8.00pm at Heywood Sports Village

**Join us online:**

[www.rochdale.gov.uk/  
childrenscentres](http://www.rochdale.gov.uk/childrenscentres)



Find us as: Sure Start  
Children's Centres in  
Rochdale borough

twitter

RochdaleParents

**Contact Us:**

Woodland Children's Centre  
Regent Street  
Heywood  
OL10 3BX  
01706 624916

Email

[catherine.naden@rochdale.gov.uk](mailto:catherine.naden@rochdale.gov.uk)

Sure Start Children's Centres Rochdale offer access to a range of support and services for families with children aged under 5 to give children the best start in life and help them to reach their potential. Services include early learning and childcare, parenting advice and health services and help for parents to find work or training.

**Sure Start**  
**Children's Centres**  
Rochdale

 **ROCHDALE**  
METROPOLITAN BOROUGH  
**COUNCIL**

# Woodland

**A Sure Start Children's Centre**



**Timetable**  
**February 2012**

