

# Appendix 6

## Useful resources/Organisations offering support

### Rochdale local resources

Name	Details	Contact
<b>The Children's Society Anti-bullying Team</b>	Provides training for Local Authority staff in systems which will protect children/young people from bullying. Work with children/young people, families, schools and other agencies to help prevent bullying.	Hill Top Drive Kirkholt Rochdale OL11 2RL  Tel: 01706 345600
<b>Bully Free Zone</b>	Specialist anti-bullying charity offering help, support and information to children, young people and families affected by bullying. Also work in partnership with schools and local authorities.	23 Palace Street Bolton BL1 2DR <a href="http://www.bullyfreezone.co.uk">www.bullyfreezone.co.uk</a>  Tel: 01204 454958

### National resources

Name	Details	Contact
<b>Act Against Bullying</b>	National charity highlighting new forms of bullying especially exclusion bullying. Organises 'Cool to be Kind Day' Campaign in November, aimed at raising awareness of health risks carried by bullying.	9 Badgers Hill Virginia Water Surrey GU25 4SB  <a href="http://www.actagainstbullying.com">www.actagainstbullying.com</a>  Tel: 0845 230 2560
<b>Anti Bullying Alliance</b>	UK's leading organisation in the field of bullying. Lots of resources and information on the website.	National Children's Bureau 8 Wakley Street London EC1V 7QE  <a href="http://www.antibullyingalliance.org">www.antibullyingalliance.org</a>  Tel: 02078 431165

<b>Beatbullying</b>	Fully interactive 3D anti-bullying website. Organises local and regional seminars for young people and establishes cross-community anti-bullying partnerships for young people who are disadvantaged socially, economically, personally or culturally.	77-79 Church Road London SE19 2YA  <a href="http://www.beatbullying.org">www.beatbullying.org</a>  <b>Tel: 020 8768 1165</b>
<b>BM Schools Out/LGBT History Month</b>	Provides formal and informal support network for all people who want to raise profile of homophobia, transphobia and heterosexism in education. Campaigns on LGBT issues as they affect education and those in education.	National London London WC1N 3XX  <a href="http://www.schools-out.org.uk">www.schools-out.org.uk</a> <a href="http://www.lgbthistorymonth.org.uk">www.lgbthistorymonth.org.uk</a>  <b>Tel: 020 7635 0476</b>
<b>Child Exploitation and Online Protection (CEOP)</b>	Works across the UK supporting and providing internet safety for children, young people and their families. Also delivers free education programmes to children, young people, parents and professionals. “Polices” the internet.	33 Vauxhall Road London SW1V 2WG  <a href="http://www.ceop.gov.uk">www.ceop.gov.uk</a>  <b>Tel: 0870 000 3344</b>
<b>Childline</b>	UK’s free 24 Hour helpline for children/young people to call about any worry – more calls about bullying than any other issue. Also runs CHIPS (Childline in Partnership with Schools) – they work closely with schools to help set up effective support for pupils.	45 Folgate Street London E1 6GL  <a href="http://www.childline.org.uk">www.childline.org.uk</a>  <b>Tel: 020 7650 3231</b> <b>Helpline: 0800 1111</b>
<b>Contact A Family</b>	Provides advice, information and support to families with disabled children across the UK and those who work with them.	209-211 City Road London EC1V 1JN  <a href="http://www.cafamily.org.uk">www.cafamily.org.uk</a>  <b>Tel: 0207 608 8740</b>

<b>EACH</b>	Educational Action Challenging Homophobia. Provides the UK's Freephone helpline for young people affected by homophobia. Works in partnership with schools, LAs, children's charities and other public and voluntary organisations.	Office 24 14 Clifton Down Road Bristol BS8 4BF  www.eachaction.org.uk  <b>Helpline: 0808 1000 143</b>
<b>Get Connected</b>	Offer emotional support to young people and help them explore the options available. Help young people access the support service they need, Free, confidential helpline.	www.getconnected.org.uk  <b>Helpline: 0808 808 4994</b>
<b>Kidscape</b>	National Charity dedicated to preventing bullying and child sexual abuse. They work with young people under the age of 16 and their parents/carers, plus people who work with them. Helpline for parents of children who've been bullied. Website information re keeping children safe. Assertiveness training for young people.	2 Grosvenor Gardens London SW1W 0DH  <b>Tel: 0207 730 3300</b> <b>Helpline: 08451 205204</b>
<b>LEAP Confronting Conflict</b>	Works with young people and the professionals who work with them. They believe that conflict is inevitable in the lives of young people and what is important is to enable them to deal with it in constructive and creative ways.	The LEAP Centre 8 Lennox Road Finsbury Park London N4 3NW  www.leaplinx.com  <b>Tel: 0207 272 5630</b>
<b>MENCAP</b>	UK's leading learning disability charity. Provides support for young people who have a learning disability and their parents/carers. Running a campaign to stop the bullying of young people with a learning disability.	123 Golden Lane London EC1Y 0RT  www.mencap.org.uk  <b>Tel: 0207 696 6019</b>

<p><b>National Children's Homes</b></p>	<p>One of UK's leading charities, supporting some of the country's most vulnerable and excluded children and young people. Leading UK provider of family and community centres and children's services in rural areas.</p>	<p>85 Highbury Park London N5 1UD</p> <p><a href="http://www.ncb.org.uk">www.ncb.org.uk</a></p> <p><b>Tel: 0207 7704 7000</b></p>
<p><b>NSPCC</b></p>	<p>Works to end cruelty to children and provides a range of direct services for children and young people and their parents/carers and families. 24hr freephone helpline.</p>	<p>Weston House 42 Curtain Road London EC2A 3NH</p> <p><a href="http://www.nspcc.org.uk">www.nspcc.org.uk</a></p> <p><b>Tel: 0207 650 6855</b> <b>Helpline: 0808 800 5000</b></p>
<p><b>PACE</b></p>	<p>London's leading charity promoting the mental health and wellbeing of the lesbian, gay, bisexual and transgender community. Offer a range of services including counselling, family support and advocacy.</p>	<p>34 Hartham Road London N7 9LJ</p> <p><a href="http://www.pacehealth.org.uk">www.pacehealth.org.uk</a></p> <p><b>Tel: 0207 700 1323</b></p>
<p><b>Parentline Plus</b></p>	<p>Biggest independent provider of parenting support in the country-national charity. Free confidential 24hr Helpline. Run groups and workshops-face to face and by telephone. Also have a free text phone for people who are deaf, hard of hearing or have a speech impairment.</p>	<p>520 Highgate Studios 53-79 Highgate Road Kentish Town London NW5 1TL</p> <p><a href="http://www.parentlineplus.org.uk">www.parentlineplus.org.uk</a></p> <p><b>Tel: 0207 824 5549</b> <b>Text phone: 0800 783 6783</b> <b>Helpline Tel: 0808 800 2222</b></p>
<p><b>Terence Higgins Trust</b></p>	<p>Set up in response to the HIV epidemic and has been at the forefront of the fight against HIV and AIDS ever since. Provides a very wide range of services, including support for young people with HIV/AIDS who are being bullied. Also emotional support via the telephone helpline.</p>	<p>314-320 Gray's Inn Road London WC1X 8DP</p> <p><a href="http://www.tht.org.uk">www.tht.org.uk</a></p> <p><b>Tel: 0207 812 1600</b> <b>Helpline: 0845 1221 200</b></p>

<p><b>Victim Support</b></p>	<p>National charity for people affected by crime, including bullying. Free and confidential service. National Helpline, Victim Supportline, provides information, support and referral to local services.</p>	<p>Cranmer House 39 Brixton Road London SW9 6DZ</p> <p><a href="http://www.are-you-ok.org.uk">www.are-you-ok.org.uk</a></p> <p><b>Helpline: 0845 3030 900</b></p>
<p><b>Young Minds</b></p>	<p>National charity dedicated to improving the mental health of all babies, children and young people. Parents Information Service for anyone with concerns about the mental health of a child or young person. Wide range of publications covering issues affecting children, including bullying. Advice and support for young people contemplating self-harm and suicide.</p>	<p>48-50 St John Street Clerkenwell London EC1M 4DG</p> <p><a href="http://www.youngminds.org.uk">www.youngminds.org.uk</a></p> <p><b>Tel: 0207 336 1458</b></p>